

## **REVISED\* BR COVID-19 In-Studio Spring 2022 Protocols:**

As we carefully continue to offer in-studio classes at Ballet Rincon for the Spring 2022 Semester, here are the policies and procedures we will enforce to support the health and safety of our students and families. Please read the general guidance, below. These guidelines are posted in our studios and on our website. You can find them at [www.ballet-rincon.com](http://www.ballet-rincon.com) in the drop down menu under 'Our Studios'.

**1. Screen Yourself.** Families screen yourselves at the start of each day with the following questions. **If the answer to any of these questions is YES, do not yet attempt to attend in-studio instruction, and continue monitor your health following CDC guidance for COVID-19.**

Screening process questions for all dancers and BR personnel:

- Are you now running, or have you run a fever in the last two weeks?
- Do you have a cough or breathing problems, or increased fatigue?
- Do you have muscle, body or headaches?
- Are you experiencing new loss of taste or smell?
- Do you have sore throat, congestion or runny nose?
- Are you experiencing vomiting or diarrhea?

We must have an 'Accept' BR COVID-19 liability release for all in-studio participants. Available through your BR Family Portal.

**\* 2. Face Masks for all persons on the BR premises are REQUESTED.**

**For classes with students ages five and under:**

- Adult family representative must be present either in-studio or in lobby.
- \* - Face covering for adult is optional.

**3. Wash your Hands the COVID way.** Everyone must wash their hands following the CDC guidelines (<https://www.cdc.gov/handwashing/videos.html>) upon entering the studio, before and after each class, or after using the restroom **OR** use the provided hospital-grade hand sanitizer.

**4. All money transactions will be taken care of via online family accounts or in-office charges.** Retail items are available for purchase in the office.

**5. Student Numbers are Limited in the Studio.** Numbers of students for in-studio instruction is limited, and safe distancing practices will be used. Classes will be live-streamed for observation only. **Students should arrive at the studio not more than 5 minutes before class start time.**

We will allow no more than twenty-four students at the Main studio, fifteen at the Annex studio, and one to two instructors at any one time. Please see detailed class distancing procedures, below. Our class schedule is arranged to minimize overlap of students and to maximize the cycle of fresh air in the studios.

### **In-Studio Class Distancing Procedures:**

Maximum Class Capacity: 24 at the main, 15 at the annex. 1-2 instructors at time.

- Barre: Students maintain stance at 6 feet of distance. Spacing marked with tape.
- Stationary Center Work: Students maintain 6 feet of distance.

- Across the Floor (Traveling Center Work): Students maintain 6-8 feet of distance.

6. **All surfaces will be sanitized and dancers will be expected to use sanitizer before and after classes.** The BR Instructors/Staff will sanitize touched surfaces with germicide/antiseptic on premises before and after class. Studio floors will be sanitized at the end of every studio day. Medical-grade hand sanitizer will be used by all persons upon entering and exiting the studios, and after contacting high touch surfaces.

7. **Full-sized dance bags are not allowed at the studio at this time, only small ones with essentials of what you need.** Dancers shall bring ~~may place~~ their (small) bags/parcels into the main and annex studios and must bring only what is needed for that day's class. Every student must wear street shoes to the studio. Students should come dressed and groomed for class, keep all street clothing items to a minimum, and place all personal items in their small bag/parcel. On days that you have conditioning, please bring your own mat for class.

8. **Only one person at a time is allowed to use the bathroom.** Our single-occupancy studio bathrooms ensure social distance use.

9. **There will be no food or drink allowed in the lobby or dance studio area other than a personal water bottle. Water fountain use is prohibited at this time!** There will be no sharing of food or drinks on the Ballet Rincon premises, including outside.

10. **Class Viewing will be available via Zoom only.** Parents may drop off students at the studio door following our Main and Annex-studio-specific protocols and wait off-premises to collect their child via the back door after class. Siblings or other guests will not be allowed at the studios. There will be no seating available in our lobbies, and in-studio parent visitation is not allowed at this time. (Class viewing will be available via Zoom.)

11. **All persons on premises are held accountable for full COVID 19 health disclosure to Ballet Rincon.** All BR personnel and families must immediately report personal COVID 19 symptoms and/or diagnosis in the event that they happen and immediate quarantine procedures from BR premises will be activated.

12. **Ballet Rincon will follow recommended quarantine procedures.** BR will continue to follow quarantine protocols set forth by the CDC and Pima Health Department and aligned with our local school district. Dancers will be notified of possible exposure and/or necessary quarantine from classes on a case – by - case basis. Quarantine procedures are as follows:

**If you test positive for COVID-19 – Everyone, regardless of vaccination status-** BR Personnel and Dancers must quarantine from in-studio participation for a minimum of 5 days and may return after 5 days as long as there are no symptoms and they continue to wear a mask in class for an additional 5 days. If you cannot or will not mask you may return after 10 days of quarantine.

**Close Contact including Exposure within household-**

If the BR Personnel or dancer is **fully vaccinated**, they will not be required to quarantine from in-studio participation, however they should wear a mask for 10 days following the close contact and that they test on day 5 following. If you cannot or will not mask you may return on day 8 with a negative test after day 5 or later.

If the BR Personnel or dancer is **NOT fully vaccinated**, they will be required to quarantine from in-studio participation for a minimum of 5 days and may return after 5 days as long as there are no symptoms and they continue to wear a mask in class for an additional 5 days. If you cannot or will not mask you may return on day 8 with a negative test after day 5 or later.

If **both** the case positive contact and the BR Personnel or dancer were masked, they will not be required to quarantine as long as there are no symptoms and they continue to wear a mask in class for 10 days.

If the BR Personnel or dancer has had a positive case of COVID within the last 90 days, they will not be required to quarantine as long as there are no symptoms and they continue to wear a mask in class for 10 days.

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