

Ballet Technique Class Guideline for Ballet, Modern & Jazz Divisions 2022-2023

Revised 3/22

Ballet Division (Ballet Class per week requirement)

# of Ballet Class per Week	Non-Performing	Beginning & Intermediate Levels			Pre-Advanced Training		Advanced Training				BR Ensemble
	Beg Ballet ages 8+	Level 1 ages 5-7	Level 2 & 3	Level 4 & 5	Level 6	Level 7 Pre-Pointe	Level 7 *	Level 8 *	Level 9 *	Level 10 *	Levels 8-10 * On Contract
1											
2			●	●							
3				●	●						
4							* Pointe 7	* Pointe 8	* Pointe 9	* Pointe 10	
	- Required										* Pointe (at Level)
	● - Recommended										* Jazz and Modern
	* - Required Additional Class										

Leveled Ballet Division: Alignment Belt Color

Lvl 1	Lvl 2	Lvl 3	Lvl 4	Lvl 5	Lvl 6	Lvl 7	Lvl 8	Lvl 9	Lvl 10
Lt Pink	White	Lt Blue	Yellow	Lilac	Hot Pink	Royal	Red	Turquoise	Grey

Modern Division (Ballet Class per week requirement)

# of Ballet Class per Week	Modern for Ballet Lvl 6-10				
	Level 6	Level 7	Level 8	Level 9	Level 10
1					
2					
3	●				

- - Required
- - Recommended

Jazz Division (Ballet Class per week requirement)

# of Ballet Class per Week	Beginning Levels				Intermediate Levels			Advanced Training			
	Level 1 ages 5-7	Level 2 ages 5-7	Beg Jazz ages 8+	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9	Level 10
1	●	●	●	●	●						
2				●	●	●	●				
3							●	●	●	●	●

- - Required
- - Recommended

Ballet Rincon recommends all dancers try a variety of dance disciplines for their most comprehensive training. Please remember ballet is the foundation for all the contemporary dance styles, and dancers enrolled in the ballet program experience the greatest progression in their all-around technique and performance.