

Ballet Technique Class Guideline for Ballet & Jazz Divisions 2018-2019

Revised 4/18

Ballet Division (Ballet Class per week requirement)

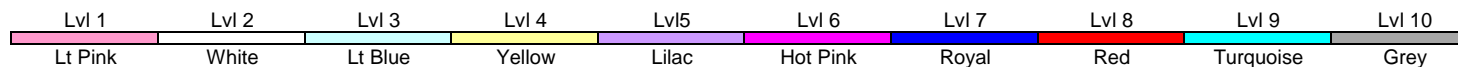
# of Ballet Class per Week	Non-Performing		Beginning & Intermediate Levels			Pre-Advanced Training		Advanced Training				
	Beg Ballet 5-8yrs (Jan-May Only);	Beg Ballet ages 8+	Teen/Adult	Level 1 ages 5-7	Level 2 & 3	Level 4 & 5	Level 6	Level 7 Pre-Pointe	Level 7 *	Level 8 *	Level 9 *	Level 10 *
1												
2				●		●						
3					●		●					
4									●	●	●	●
									* Pointe (Lvl 1; Lvl 2)	* Pointe (Lvl 3)	* Pointe (Lvl 4)	* Pointe (Lvl 4)

■ - Required

● - Recommended

* - Required Additional Class

Leveled Ballet Division: Alignment Belt Color



Jazz Division (Ballet Class per week requirement)

# of Ballet Class per Week	Beginning & Intermediate Levels					Pre-Advanced Training		Advanced Training				
	Jazz Basics ages 5-7	Junior Jazz 1	Junior Jazz 2	Junior Jazz 3	Intermediate Jazz 1	Intermediate Jazz 2	Int Jazz 2 Pre-Adv	Int Jazz 3 Pre-Adv	Contemporary Jazz 1 *	Contemporary Jazz 2 *	Senior Jazz 1/ Contemporary Jazz 3	Senior Jazz 2/ Contemporary Jazz 4
1	●	●	●									
2		●	●	●	●	●			●			
3						●	●	●	●	●	●	●
4									●	●	●	●

* Must be enrolled in Jazz Technique Class;
Jazz Level Intermediate 2 or higher; Or by Invitation

■ - Required

● - Recommended

* - Requires Additional Class

As always, we recommend all dancers at Ballet Rincon try a variety of dance disciplines for their most comprehensive training. Please remember ballet is the foundation for all the contemporary dance styles, and dancers enrolled in the ballet program experience the greatest success in their all-around technique and performance.