

Ballet Rincon Academy of Dance

Dress Code and Grooming Standards 2018-2019

Revised 7/18

Please Read This Information Carefully and Entirely

At Ballet Rincon we do our best to give a quality class that offers proper technique as well as fun for the students. Class attire is important in keeping class focus. Costume-looking dress is distracting in class and is saved for the stage. Dancewear should be clean and free of holes or rips. No jewelry, except "stud-style" earrings, is allowed in class.

Hair Grooming Standards

For ballet, girls' long hair must be pinned securely in a bun for class. Short hair must be secured from face. All other classes require girls' long hair in a secure ponytail. Boys' hair must be neatly trimmed from face and neck.

Ballet, tap and jazz shoes, and tights may be purchased from Ballet Rincon. We offer Revolution brand dance apparel -- a high quality, professional product sold at prices lower than at retail stores. Students may also visit Danswest Danswear (5633 E. Speedway Blvd – phone 721-3082). A quality shoe and proper fit is imperative for each dancer's successful experience. **Do NOT wear the shoes until a Ballet Rincon instructor has approved them.**

Ballet Rincon also carries Revolution leotards appropriate for class. Leotards, dance shorts and jazz pants that meet individual dress code requirements can be purchased at Danswest Danswear, ordered online at www.discountdance.com or purchased at any dance/exercise apparel store. (Discount department stores also carry appropriate dance clothing for children and adults.) Remember, however, professional grade tights and leotards are much more durable than discount brands. One pair of well-made tights will outlast a cheaper brand by weeks or months!

I. Preschool Movement Workshop Dress Code

Children should wear simple, moveable, fitted clothing, such as a ballet or gymnastics leotard with tights or athletic shorts, and ballet shoes. Costume-looking dress is not allowed in class.

II. Pre Ballet and Pre Tap Dress Code

Please see 'Ballet Dress Code' and 'Tap Dress Code' below.

III. Ballet Dress Code

All girls, Ballet Level 1 – 10, wear a simple black leotard (no attached skirts) in any sleeve length and pink tights (no underwear). Dancers should purchase a leotard style appropriate for body type. If worn, sports bras must be black. **Important:** Girls in the Leveled Ballet Technique program are required to wear a colored alignment belt to signify ballet level. Belts are \$5 each and should be paid for and will be distributed at time of registration. Boys wear a fitted white t-shirt, tights or black shorts (above the knee). Proper ballet warm-up garments are appropriate in cold weather. Please see your instructor for more information. See Ballet Shoes below.

Ballet Shoes

Girls wear Revolution pink Stretch Ballet (#150 pink) or Premium Split-Sole Ballet (#100 pink) slippers or a comparable professional ballet slipper. (Note for Ballet Level 6 Trainees: Satin pointe shoe ribbons are required for all Ballet Level 6 Girls' soft ballet slippers, and are available for purchase at the Ballet Rincon office at time of registration.)

Boys wear Revolution black Stretch ballet (#151 black) slippers or a comparable professional ballet slipper.

Pointe Shoes are required for all Pointe Trainees in Pointe Levels 1-4.

IV. Tap Dress Code

Tops: Full-coverage leotard, fitted full coverage T-shirt, or fitted full-coverage tank top. **No exposed midriffs.**

Pants: Tights, jazz pants, jazz capri pants, jazz shorts, or a short dance skirt. See Tap Shoes below.

Tap Shoes

Pre Tap and Tap Level 1 - Revolution black patent Slip-On Student Tap shoes (#801 black patent). Tap Levels 2 through 5 - Revolution black Intro JT (#521 black) – or, for all, a comparable professional tap shoe. Tap Levels 6-9, see instructor.

V. Jazz Dress Code

Tops: Full-coverage leotard, fitted full-coverage T-shirt, or fitted full-coverage tank top. **No exposed midriffs.**

Pants: Tights, jazz pants, jazz capri pants, or jazz shorts. See Jazz Shoes below.

Jazz Shoes

All Jazz Levels - Revolution black Premium Pull-On Jazz Boot (#601 black) or Stretch Jazz Boot (#651 black) or a comparable professional jazz shoe.

Contemporary Jazz - Revolution black Premium Pull-On Jazz Boot (#601 tan) or Stretch Jazz Boot (#651 tan) or a comparable professional jazz shoe.

VI. Summer Intensives & Specialty Workshops Dress Code

Requirements Vary per program. Proper dress code and grooming required for participation.